## The Dimethylglyoxime (DMG) test

This is a quick and easy way for you to test any product in your home to see if it contains nickel. You just place a few drops of the pre-mixed solution onto a cotton swab and rub the object in question (see video under 'detect' on the 'Break The Cycle<sup>TM</sup>' interactive), if it contains releasable (free) nickel the cotton applicator will turn pink.

- Step 1 Identify an object to test
- Step 2 Place a few drops of solution on a cotton applicator
- Step 3 Rub the metal area in question
- Step 4 Check the applicator to see if it indicates (changes) pink
- Step 5 Avoid or take protective measures if the object is releasing free nickel

The DMG test kit can be purchased through "Nickel Free" link.

